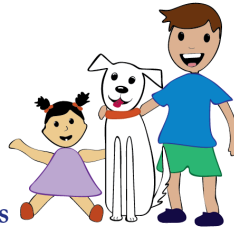


Oliver's Nannies

Child Care & Nanny Services



Summer Fun in the Sun

Summer is here and with the change in seasons comes all of the fun in the sun! Beach trips, bike rides, pool days, countless trips to the parks and so much more.

In this month's newsletter, we have compiled a variety of resources for you including the best toys and gadgets for the season, summer safety tips and some information on our FlexCare Services to meet any ad hoc needs that arise over summer (and beyond)!



Best Summer Items

Always looking for the latest and greatest in this seasons toys, accessories or gadgets? Look no further! We took out the searching for you!



Looking to capture special moments in the ocean or pool, but afraid to damage



Overwhelmed with the seemingly never ending



With all your new gear, we have an easy solution for you

your phone or camera?

We found a budget friendly waterproof camera to bring on your summer adventures to help keep those memories for years to come!

Find it [here!](#)



Need a break from the sun, or a shady spot for the little one to nap?

This is a great option for your baby or toddler to nap without having to leave the beach! It is also great for the older ones or mom and dad to get a break from the heat under some shade.

Find some shade [here!](#)

options for sand toys?

This option provides a variety of toys including shovels, buckets, rakes and molds! It also comes with a convenient carrying bag, easy for clean up and transport!

Get yours [here!](#)



A fun beach themed twist on a classic game!

How adorable are these crab toss and catch toys? This game is fun way to help with hand eye coordination while playing!

Get your piece of the fun [here!](#)

to transport it all in 1 easy trip!

The summer wagon is great for trips to the pool, park or even just to stroll around the neighborhood in.

We found a great option, check it out right [here!](#)



Who doesn't love building sand castles while sitting on the beach?

This 4 pack of buckets can really inspire some unique castles. Get creative and have a competition before the waves come! Sand castles are also a wonderful STEM learning activity!

Get building by getting yours [here!](#)



Sun & Heat

While all of the time outside is great for children, it is important to remember sun and heat safety measures. Always be sure to apply ample **sunscreen**. The American Academy of Dermatology recommends SPF 30 or higher applied for all children. It is recommended that sunscreen is reapplied **every 2 hours or after children have been swimming or sweating!** While enjoying the sun and taking all sun safety precautions, it is also important to be aware of the heat! Parents and caregivers should be aware of

Need a night out?

When was the last time mom and dad went out on a date night?!

Do the kids have a week off in between summer camps, vacations and back to school and not sure what to do for childcare?

Do you need an extra set of hands here and there?

Have no fear - Oliver's Nannies has you covered!

the symptoms of heat stroke and heat exhaustion. These can include **dizziness, headache, vomiting, confusion** and many more. To read more on the difference, click [here](#). Of course, it is always important to **stay hydrated!**

Bugs

Beyond being a simple annoyance, the pesky bugs that come around in summer can also carry harmful diseases for children. Always **apply bug spray** when spending time outdoors. Be sure to check with your pediatrician for recommendations as DEET, a main component in many bug sprays can be harmful if ingested. It is suggested to use **natural insect repellants**. One more helpful recommendation to avoid the bugs - try using non scented soaps, shampoos, etc! The scents attract bugs!

Play

There are so many fun outdoor activities for children during the summer, it is very important to make sure they are staying safe while making the most of their summer! For instance, always ensure **helmets** are properly worn while children are on bikes, scooters, etc.

If your family, or friends, have a **trampoline**, always make sure children are **supervised**. Experts highly recommend netting around the trampoline and staying away from flips or somersaults that could increase serious injury.

Swim

With summer heat in full swing, it's time to find some relief by jumping in a pool, ocean or lake. Along with the excitement of water play, it is important to remember **water safety**. Supervision is paramount while children are around any body of water. It's important to never assume that someone else is keeping an eye on the children when around water, **always be sure to know who is supervising!**

Experts do not recommend using floatation devices that may give children a false sense of security while around water. Start early with teaching your children to swim, many **local swim schools** have classes for **all ages**. Last but not least, if there is no supervision around a pool, always be sure there are **barriers** to prevent children from sneaking in unattended.

Our FlexCare program provides families the flexibility for last minute care or needs that may be supplemental to your typical weekly needs.

Our fully vetted and qualified nannies are at your service to meet your varying needs!

To get started, we would meet with your family virtually to learn about your family so that we could find nannies that best fit your needs.

The best part? Once you have signed up, you are always a part of our family and can use care as frequently or as little as needed!

[Inquire for Care](#)

Give us a call today with any questions!

973-671-1277

[Visit our Website](#)

Oliver's Nannies | 75 Main Street, Suite 301, Millburn, NJ 07041

[Unsubscribe sarah.mulcahy@oliversnannies.com](mailto:sarah.mulcahy@oliversnannies.com)

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